

**The Friends of the  
Cashin Senior  
Activity Center, Inc.**



*Atty. David L. Nixon, Chair*  
*Atty. Michael Craig, Co-chair*  
*Hon. William B. Cashin, Honorary Chair*  
*Hon. Robert Baines, Honorary Chair*

"Cast me not off in the time of old  
 age; forsake me not when my  
 strength faileth." - Psalm 71:9

"FRIENDS OF THE WILLIAM B.  
 CASHIN SENIOR ACTIVITY  
 CENTER, INC." IS A 501 C (3)  
 ORGANIZATION, DEDICATED  
 TO HELPING THE WILLIAM B.  
 CASHIN SENIOR ACTIVITY  
 CENTER PROVIDE A  
 BETTER COMMUNITY FOR  
 MANCHESTER'S SENIORS



To:

Stamp



The Friends of the Cashin  
 Senior Activity Center, Inc.  
 Senior Services Department  
 151 Douglas Street  
 Manchester, NH 03102  
 Phone: 603-624-6500

**The Front Door to  
 Services for Seniors**



**The William B. Cashin  
 Senior Activity Center  
 Manchester,  
 New Hampshire**



### **The Growing Needs Of Our Older Citizens**

The mission of the City of Manchester's Senior Services Department, is to prevent isolation and to help maintain the dignity of every senior citizen of Manchester.

In 1978 the Board of Mayor and Aldermen of the City of Manchester appointed an Elderly Services Policy Committee, comprised of local agency and department chairs, to assist the Board of Mayor and



Aldermen by providing information on elderly needs and services. The Board of Mayor and Aldermen soon recognized the increasing demand by seniors for a variety of services by seniors and delegated the responsibility for providing programming and case management to an Office of Elderly Services.

Today the now named Senior Services Department collaborates and coordinates with over twenty area programs and services to improve the service delivery system for our aging population. A five member Senior Services Commission serves as advisers to the Department, and to the Board of Mayor and Aldermen.

### **The Beginning**

In the late 1990's the City's leadership and the then named Elderly Services Department began discussing the need for a new growing center. The growing elderly population and space requirements fueled the determination to find one space which could serve the growing multiple needs of the City's senior citizens.



In 2004, the City opened the Front Door to Senior Services for Seniors, the new 15,000 square foot building, the William B. Cashin Senior Activity Center.

The Senior Services Department administers the Senior Center which provides socialization for seniors and access to information for both seniors and their families on programs and services.

Isolation is a major challenge for our senior population, and the Center provides a safe, caring environment to socialize and find enjoyment. In 2007, the Center serviced over 2,000 local citizens with visits to the Facility. The Center often serves as a first point of contact of staff for a senior citizen.

From their involvement with the visitors during social programs and activities, staff learn of a variety of issues challenging seniors within in the areas of healthcare, safety,

housing, income and transportation. Through case-management, staff assist clients with daily living needs, and are also able to refer to the proper agency or their program for help and support.

The Senior Center becomes a critical single point of contact for Manchester's seniors. They find opportunities to socialize and receive the benefit of educational opportunities, while having access to a variety of services and care.

### **The Center**

Transforming the 117 year old fire station on North Main Street in Manchester to a newly expanded Senior Activity Center connected the past generations of City residents with those of today and the future. A 15,000 square foot activity center created the capacity to serve the rapidly growing senior population of Manchester. Estimated cost of the total project was \$3.6 million, with \$2.57 million committed from the City and another \$500,000 from bonding and miscellaneous projects. The remaining \$500,000 was raised from a community capital

campaign, designed to involve local citizens in making a commitment to serving our senior friends and neighbors.

