CITY OF MANCHESTER

Senior Services Department

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Commissioners
Leon Drysdale
Mary Lynn Edwards
Terry Gesel, secretary
Pat Kalik
Sean Parr, Chair

Staff
Kim Drohan SSSII

Senior Services Commission Meeting Agenda
SSSII Report January 5, 2022 9:30am via Zoom

I. Programming and Activities
   i. Mask Mandate is in effect for all City Buildings including the Senior Center
   ii. Masks & sanitizing stations are available throughout the center

- Reiki Sessions- January 6th at 1:15pm
- Core & Back Stability Workshop January 7th at 1:00pm
- Senior Storytelling with the Manchester Library- January 10th & 24th at 1:30pm
- Balance & Pain Assessments- January 11th 10:00-12:00pm
- What Is a Doula Anyway? Presentation- January 12th at 11:00am
- Hearing Screenings- January 12th & 24th sign-up
- City of Manchester Assessor's Office Information Session- January 31st at 2:00pm
- Massachusetts College of Pharmacy and Health Sciences (MCPHS) students will facilitate 3 groups starting in January:
  - Healthy Minds, Healthy Lives
  - Healthy Habits
  - Food for Thought

II. Administrative
   i. Kim Drohan submitted an application to The Governor's Office for Emergency Relief & Recovery Covid19 Impact Shelter and Senior Center Program.
   ii. On December 14th Northeast Pharmacy conducted a Covid19 Booster Clinic here at the Senior Center. 30 people received Boosters that day.

III. Building/property maintenance
   i. Work order submitted for doors on Main Street that were not unlatching with button system at reception desk. Doors have been fixed.
   ii. Work order for front laminate peeling off counter. Work order completed.

Join Zoom Meeting
Link: https://anselm.zoom.us/j/5701505123