

WHAT CAN I DO TO PROTECT MY CHILD?

1. Keep your child away from chipping and peeling paint.
2. Clean up lead dust.
3. Wash your child's hands with soap and water.
4. Give your child healthy foods.



Window sill with lead paint

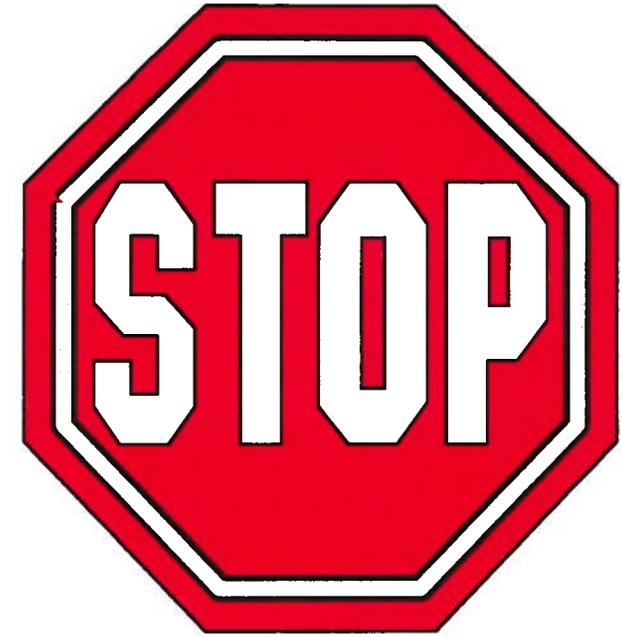
There are laws to protect people from lead poisoning. For more information, call:

Manchester Health Department
603-624-6466

New Hampshire Healthy Homes & Lead
Poisoning Prevention Program
1-800-897-5323

Manchester Building Department
603-624-6475

Remember Lead is Harmful!



Lead Poisoning

Learn How to Protect Your Child



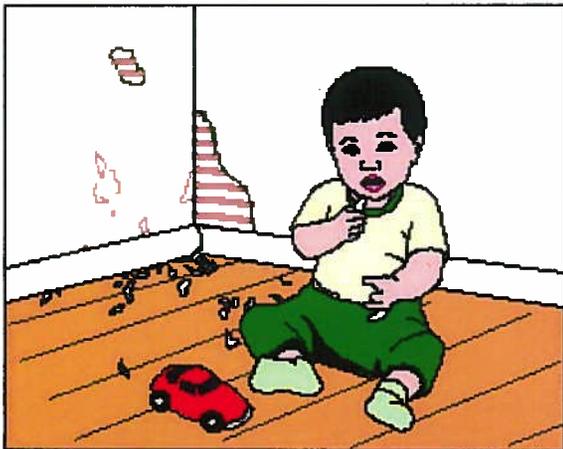
City of Manchester, NH
Health Department
1528 Elm Street
Manchester, NH 03101-1350
603-624-6466
www.manchesternh.gov/health

WHAT IS LEAD POISONING?

Lead poisoning is a serious illness caused by swallowing or breathing in lead dust or particles.

WHAT CAN CAUSE LEAD POISONING?

1. Old peeling paint that cracks or chips and makes lead dust.
2. Opening and closing old windows.
3. Remodeling and repair work on older homes.
4. Lead in soil.
5. Some toys and jewelry.
6. Some dishes, home remedies, cosmetics, and candies from other countries.



HOW WOULD I KNOW IF MY CHILD HAS LEAD POISONING?

- **Lead poisoning is hard to recognize. Children with lead poisoning may look healthy, but lead can harm a child's growing body and brain.**
- **A simple blood test can find lead.**

WHAT IS A BLOOD LEAD TEST?

- **A test that measures the amount of lead in your blood. Blood is either taken from your finger (capillary) or your arm (venous).**

WHERE CAN I HAVE MY CHILD TESTED FOR LEAD?

- **Call your child's doctor or the Manchester Health Department to make an appointment.**

Blood Levels of Lead

45 +
19.1 - 44.9
10.0 - 19.0
6.0-9.9
0-5.9

As the number increases, so does the risk of harm from lead poisoning.

If the finger (capillary) blood test result is 10 or higher, it may need to be repeated.

