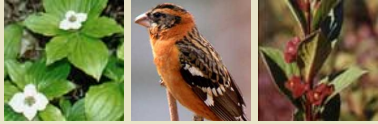


## NATIVE PLANT LIST for New Hampshire, Maine & Vermont



This is a "starter" list of native plants for New Hampshire, Maine and Vermont. It is intended for residential or commercial landscapers who want to create attractive and varied native landscapes.

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### Trees

Common Name	Scientific Name	Sun	Moist.	Ht.	Comments
Balsam Fir	<i>Abies balsamea</i>	F-P	A	75'	Open growth in hot dry locations, evergreen
Red Maple	<i>Acer rubrum</i>	F-P	A	60'	Excellent fall color; tolerates wet spring soil
Sugar Maple	<i>Acer saccharum</i>	F-P	A	75'	Excellent fall color, beautiful large shade tree
Mountain Maple	<i>Acer spicatum</i>	F-P	A	30'	Useful in naturalizing
Yellow Birch	<i>Betula alleghaniensis</i>	F-P	A	100'	Does best in cool soils, beautiful bark
Paper Birch	<i>Betula papyrifera</i>	F	A	70'	White bark year-round, tolerates poor, dry soil
Gray Birch	<i>Betula populifolia</i>	F	A	40'	Does well in poor soils; good for naturalizing
American Hornbeam	<i>Carpinus caroliniana</i>	F	A	30'	Use for naturalizing; tolerates periodic flooding
Pagoda Dogwood	<i>Cornus alternifolia</i>	F-P	A	25'	Moist soil is important, white flowers in June
(Champlain) Hawthorne	<i>Crataegus submollis</i>	F	A	30'	Red fruits in fall attract birds
White Ash	<i>Fraxinus americana</i>	F	A	80'	Good fall color; tolerates alkaline soil
Green Ash	<i>Fraxinus pennsylvanica</i>	F-P	A	60'	Grows fast; tolerates salt, drought, alkaline soil
Tamarack	<i>Larix laricina</i>	F	W-A	80'	Good for moist-wet sites & well drained sites
Black Gum	<i>Nyssa sylvatica</i>	F- P	A	50'	Excellent yellow-orange fall leaf color
American hophornbeam	<i>Ostrya virginiana</i>	F-P	A-D	40'	Slow to establish after transplanting
White Spruce	<i>Picea glauca</i>	F-P	A	60'	Good specimen or windbreak; evergreen
Black Spruce	<i>Picea mariana</i>	F-P	A	40'	Tolerates wet sites; evergreen
Jack Pine	<i>Pinus banksiana</i>	F	D	50'	Useful for windbreaks in sandy soil; evergreen
Red Pine	<i>Pinus resinosa</i>	F	D	80'	Good windbreak; tolerates dry soils well
White Pine	<i>Pinus strobus</i>	F	A-D	80'	Handsome specimen; not tolerant of salt
Bigtooth Aspen	<i>Populus grandidentata</i>	F	A-D	70'	Fast growing; short lived; good yellow fall color
Quaking Aspen	<i>Populus tremuloides</i>	F	A	50'	Fast growing, short lived; good yellow fall color
Pin Cherry	<i>Prunus pensylvanica</i>	F	A	35'	Adaptable; fast growing; tolerates poor soil
Black Cherry	<i>Prunus serotina</i>	F	A	60'	White flowers (spring); wildlife food source
White Oak	<i>Quercus alba</i>	F	A	80'	Large tree; transplant when young
Red Oak	<i>Quercus rubra</i>	F	A	75'	Transplants readily; good fall red leaf color
Black Willow	<i>Salix nigra</i>	F	W-A	35'	

American Mountainash	<i>Sorbus americana</i>	F	A	30'	Tolerates wet soils; twigs can cause lawn litter
White Cedar	<i>Thuja occidentalis</i>	F-P	A	60'	Fruits good in wildlife landscape
Basswood	<i>Tilia americana</i>	F-P	A	80'	Useful hedge plant; tolerates alkaline soil
Eastern Hemlock	<i>Tsuga canadensis</i>	F-S	A	70'	Tolerates alkaline soil; use in urban landscape

Does not tolerate drought or windy sites

For more info, enter a plant  
name

Find a Nursery in:

NH

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VT

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Check Neighboring States?

Sun Exposure

F = Full Sun

P = Part Sun

S = Shade

Soil Moisture

W = Wet

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**Shrubs**

Common Name	Scientific Name	Sun	Moist.	Ht.	Comments
Downy Serviceberry	<i>Amelanchier arborea</i>	F-P	A	25'	Edible/wildlife landscapes; orange fall color
Shadblow Serviceberry	<i>Amelanchier canadensis</i>	F-P	A	20'	Edible/wildlife landscapes; yellow/gold fall color
Alleghany Serviceberry	<i>Amelanchier laevis</i>	F-P	A	25'	Edible/wildlife landscapes; spring leaves bronze
Bog Rosemary	<i>Andromeda polifolia</i>	F-P	W	1'	Evergreen leaves; requires moist acidic soil
Black Chokeberry	<i>Aronia melanocarpa</i>	F-P	W-A	6'	Tolerates wet or dry soils; wine-red fall color
Buttonbush	<i>Cephalanthus occidentalis</i>	F	W	6'	Good for wetland plantings
Sweetfern	<i>Comptonia peregrina</i>	F-P	A-D	3'	Aromatic foliage; good in dry and sandy soil
Gray Dogwood	<i>Cornus racemosa</i>	F-S	A	15'	Suckering; white fall fruits eaten by many birds
Redosier Dogwood	<i>Cornus sericea</i>	F	W-A	6'	Red stems attractive in winter; tolerates wet soil
American Filbert	<i>Corylus americana</i>	F-P	A	15'	Wildlife eats fruit; tolerates alkaline soil
Leatherwood	<i>Dirca palustris</i>	S	A	4'	Yellow fall color; thrives in moist, shady sites
Common Witchhazel	<i>Hamamelis virginiana</i>	F-P	A	15'	Avoid drought; yellow flowers/leaves in fall
Winterberry	<i>Ilex verticillata</i>	F-P	W-A	10'	Bright red fruits persist into midwinter
Common Juniper	<i>Juniperus communis</i>	F	A-D	3'	Takes drought, wind, sterile or alkaline soils
Lambkill	<i>Kalmia angustifolia</i>	F-P	A	3'	Adaptable to many soils; best in acidic soil
Labrador Tea	<i>Ledum groenlandicum</i>	F-P	W-A	3'	Transplants well; good for moist-to-wet sites
Sweetgale	<i>Myrica gale</i>	F	A-D	4'	Bushy plant; dark green, aromatic foliage
Northern Bayberry	<i>Myrica pensylvanica</i>	F-P	A-D	6'	Good for massing; useful in poor soil sites
Bush Cinquefoil	<i>Potentilla fruticosa</i>	F	A-D	4'	Summer-flowering shrub; tolerates alkaline soil
Beach Plum	<i>Prunus maritima</i>	F	A	6'	Good for edible landscape; salt-tolerant
Chokecherry	<i>Prunus virginiana</i>	F	A	30'	White flowers in spring; wildlife food source
Rhodora	<i>Rhododendron canadense</i>	F-P	W-A	3'	Magenta flowers in spring; best in acidic soil
Staghorn Sumac	<i>Rhus typhina</i>	P	A-D	25'	Suckering; good mass plant for dry slopes
Meadow Rose	<i>Rosa blanda</i>	F	A	5'	Single light pink flowers; suckering plant
Carolina Rose	<i>Rosa carolina</i>	F	A	5'	Pink single flowers midsummer
Virginia Rose	<i>Rosa virginiana</i>	F	A	5'	Good in dry & seaside landscape; good barrier
American Elder	<i>Sambucus canadensis</i>	F	A	12'	Edible landscapes; tolerates alkaline soil
Scarlet Elder	<i>Sambucus pubens</i>	F	A	20'	Flowers in July; red fruit mid-summer
Canadian Yew	<i>Taxus canadensis</i>	P-S	A	6'	Hardest yew; good for shady landscape

Highbush Blueberry	<i>Vaccinium corymbosum</i>	F	A	8'	Edible/wildlife landscapes; best in acidic soil
Mapleleaf Viburnum	<i>Viburnum acerifolium</i>	P-S	A	6'	Good for mass plantings in shady sites
Hobblebush	<i>Viburnum alnifolium</i>	P-S	A	8'	Open shrub; good for naturalized landscape
Arrowwood Viburnum	<i>Viburnum dentatum</i>	F-P	A	15'	Durable; good hedge; tolerates alkaline soil
Nannyberry	<i>Viburnum lentago</i>	F-P	A	15'	Good for wildlife and naturalized landscapes
Highbush Cranberry	<i>V. opulus var. trilobum</i>	F-P	A	12'	Use for screening; good for wildlife landscapes

For more info, enter a plant  
name

Find a Nursery in:	NH	ME	VT
Find Community Services:	NH	ME	VT
Check Neighboring States?			

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### Ground Cover and Vines

Common Name	Scientific Name	Sun	Moist.	Ht.	Comments
Running Serviceberry	<i>Amelanchier stolonifera</i>	F-P	A	2'	Stoloniferous groundcover; forms thickets
Bearberry	<i>Arctostaphylos uva-ursi</i>	F-P	A-D	6"	Best in poor, sandy, acidic soils; salt-tolerant
American Bittersweet	<i>Celastrus scandens</i>	F-P	A	--	Climbing vine; dioecious; tolerates alkaline soil
Virginbower	<i>Clematis virginiana</i>	F	A	--	Climbing vine; best in alkaline soil
Bunchberry	<i>Cornus canadensis</i>	P-S	A	6"	Groundcover; white flowers & red berries (birds)
Checkerberry	<i>Gaultheria procumbens</i>	P-S	A	6"	Evergreen groundcover; leaves reddish in fall
Creeping Juniper	<i>Juniperus horizontalis</i>	F	A-D	1'	Tolerates hot, dry, alkaline soil; evergreen
Partridgeberry	<i>Mitchella repens</i>	S	A	2"	Delicate plant; red fruits persist into winter
Woodbine	<i>Parthenocissus quinquefolia</i>	F-S	A-D	--	Hardy vine; maroon in fall; takes alkaline soil
Lowbush Blueberry	<i>Vaccinium angustifolium</i>	F	A	2'	Edible/wildlife landscapes; acidic soil
Cranberry	<i>Vaccinium macrocarpon</i>	F	W-A	6"	Edible/wildlife landscapes; acidic soil
Fox Grape	<i>Vitis labruscas</i>	F	A	--	Handsome foliage; good vine for arbors

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### Flowering Perennials

Common Name	Scientific Name	Sun	Moist.	Ht.	Comments
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Baneberry	<i>Actaea pachypoda</i>	P-S	A	24"	Attractive, but poisonous fruit
Columbine	<i>Aquilegia canadensis</i>	F-S	A-D	12"	Early spring flowers
Spikenard	<i>Aralia racemosa</i>	P-S	A-D	36"	Good for back of border
Jack-in-the-Pulpit	<i>Arisaema triphyllum</i>	P-S	W-A	12"	Flower green and brown; bright red fruit
Milkweed	<i>Asclepias syriaca</i>	F	D	36"	Attracts butterflies
New England Aster	<i>Aster novae-angliae</i>	F-P	A-D	24"	Fall flowering; deep purple
New York Aster	<i>Aster novi-belgii</i>	F-P	A-D	24"	Fall flowering; purple
Marsh Marigold	<i>Caltha palustris</i>	F-P	W-A	12"	Showy yellow flowers in early spring
Harebell	<i>Campanula rotundifolia</i>	F-P	A-D	12"	Delicate blue-purple flowers
Blue Cohosh	<i>Caulophyllum thalictroides</i>	P-S	A-D	36"	Blue fruits; back of border
Turtlehead	<i>Chelone glabra</i>	P-S	W-A	24"	Interesting white flowers in midsummer
Bluebead Lily	<i>Clintonia borealis</i>	P-S	A	12"	Yellow ball-shaped flowers, poison fruit
Trout-lily	<i>Eupatorium americanum</i>	P-S	A	6"	Flowers early-spring
Joe-pye Weed	<i>Eupatorium maculatum</i>	F	W-A	48"	Purple flowers in fall; attracts butterflies
Boneset	<i>Eupatorium perfoliatum</i>	F	W-A	24"	Green flowers; good for drying
Blue Flag	<i>Iris versicolor</i>	F-P	W-A	24"	Elegant form; blue-purple flowers
Indian Cucumber-root	<i>Medeola virginica</i>	P-S	A	12"	Interesting magenta floral bracts
Obedient Plant	<i>Physostegia virginiana</i>	F-S	A-D	24"	flowers pink; leaves dark green; cut flowers
Solomon's Seal	<i>Polygonatum pubescens</i>	P-S	A	18"	Arching stems w/ white flowers (spring)
Silvery Cinquefoil	<i>Potentilla anserina</i>	F	D	6"	Yellow flowers, silvery leaves
Bloodroot	<i>Sanguinaria canadensis</i>	P-S	A	12"	Showy white flowers in early spring
Foam Flower	<i>Tiarella cordifolia</i>	P	A	6"	Delicate white flowers in early spring
Wild-oats	<i>Uvularia sessilifolia</i>	P-S	A	6"	Cream, bell-shaped flowers in early spring
Sweet White Violet	<i>Viola blanda</i>	P-S	A	2"	Small white flowers, ground cover, self-sows
Marsh Blue Violet	<i>Viola cucullata</i>	P-S	A	6"	Blue flowers, spreading; self-sows
Labrador Violet	<i>Viola labradorica</i>	F-P	A-D	6"	Magenta flowers; reddish foliage; self-sows
Downy Yellow Violet	<i>Viola pubescens</i>	P-S	A-D	6"	Yellow flowers
Round-leaved Violet	<i>Viola rotundifolia</i>	P	A-D	3"	Yellow flowers, leaves large, round & leathery

For more info, enter a plant name

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## Perennial Ferns

Common Name	Scientific Name	Sun	Moist.	Ht.	Comments
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Maidenhair Fern	<i>Adiantum pedatum</i>	P-S	A	18"	Delicate black stem, fronds almost circular
Lady Fern	<i>Athyrium filix-femina</i>	P-S	W-A	18"	Lacey Fronds; reddish in spring
Hay-scented Fern	<i>Dennstaedtia punctilobula</i>	F-P	A-D	12"	Fragrant lacey fronds; tolerates hot, dry sites
Spinulose Wood Fern	<i>Dryopteris carthusiana</i>	P-S	A	24"	Lacey fronds; reddish in spring
Marginal Wood Fern	<i>Dryopteris marginalis</i>	F-P	A-D	24"	Fronds blue-green; tolerates rocky sites
Ostrich Fern	<i>Mattuccia struthiopteris</i>	P-S	A	36"	Beautiful fronds; fiddleheads edible
Sensitive Fern	<i>Onoclea sensibilis</i>	F-P	W-A	12"	Easy to grow; spreads
Cinnamon Fern	<i>Osmunda cinnamomea</i>	P-S	W-A	36"	Attractive cinnamon color fertile frond (spring)
Interrupted Fern	<i>Osmunda claytoniana</i>	F-S	W-D	36"	Spreads well; luxuriant spring growth
Royal Fern	<i>Osmunda regalis</i>	F-S	W-A	36"	Vase-shaped; sterile fronds finely dissected
Long Beech Fern	<i>Phegopteris connectilis</i>	P-S	A	6"	Smaller size fern, low growing, spreads well
Christmas Fern	<i>Polystichum acrostichoides</i>	P-S	A	12"	Leathery, evergreen fronds

TREES   SHRUBS   GROUND COVERS and VINES   FLOWERING PERENNIALS   FERNS

1. While the plants listed above are native to and appropriate for their indicated regions, please recognize that, in some instances, human development alters the characteristics of a site such that it may be advisable to use plants from a neighboring region. For example, plantings in urban and suburban areas may receive reflected heat from streets, sidewalks and/or walls or be in media that receives less moisture than normal (e.g., next to a paved area – the pavement blocks rain from entering soil). Accordingly, using plants from a neighboring region that support higher temperatures and/or drier conditions may be more appropriate.
2. While a plant is native to a region, that does not mean that it will grow everywhere in that region. The characteristics of any site will typically vary from place to place and some plants may do better than others at various places within a site. In other words, a little experimentation might be required.
3. The above list is a starter list. Though adequate for most residential and commercial landscapes, there are many more native plants and should you want to consider them, please inquire at a [listed nursery](#), [community service organization](#), [reference book](#) or other resources.

CREDITS:

**1. Gardening to Conserve Maine's Native Landscape: Plants to Use and Plants to Avoid.** University of Maine Cooperative Extension, the University of Maine and the US Department of Agriculture.

[www.umext.maine.edu/onlinepubs/htmlpubs/2500.htm](http://www.umext.maine.edu/onlinepubs/htmlpubs/2500.htm).

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