

## WM. B. CASHIN SR. ACTIVITY CENTER FEBRUARY 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
 <b>SRS. ATTENDING THE FOXWOODS OVERNIGHT TRIP. PLEASE MAKE ARRANGEMENTS TO BE DROPPED OFF AT THE SENIOR CENTER ON FEB. 5TH AT 6:45 AM --NO CAR MAY BE LEFT IN THE CENTER PARKING LOT.</b>			1 10:00 Beg. Line Dancers 12:15 Bridge 12:30 TOC 12:45 Bid Whist 1-4 PocketBook Therapy* 1:00 Scrabble	2 9:00 Plastic Canvas/Social Time 10:00 Computer Classes 12:45 Michigan Rummy 12:45 Bid Whist 1:00 Ceramics 1:00 Computer Class 3:30 Senior Fitness**	<b>ST. JOSEPH'S COMMUNITY SERVICES MEALS ON WHEELS COORDINATOR IRENE SANDERS Tel. 668-0254</b>
5	6	7	8	9	NOTES
<b>6:45 Foxwoods Trip</b> <b>Meet @ Center</b>  9:00 Plastic Canvas/Social Time 10:00 Computer Class 12:15 Bridge 12:45 Whist and Michigan Rummy 1:00 Ceramics* and Twist 1:00 Computer Class 1:00 Surviving & Thriving w/Sr. Rose 3:30 Senior Fitness**	9:30 Adv. Line Dancing 1:00 Cribbage 1-4 PocketBook Therapy* 1:00 Bingo	<b>Transportation Day</b> 8:30 Yoga 9:00 Plastic Canvas/Social Time 9:30 Duplicate Bridge 1:00 Bingo 1:00 Mental Health Treatment Study 1:00 Twist 1:00 Scrabble for Beginners 1:00 Mental Health Treatment Study 2:00 Valentine Goodies	10:00 Beg. Line Dancers 12:15 Bridge 12:30 TOC 12:45 Bid Whist 1-4 PocketBook Therapy* 1:00 Scrabble	9:00 Plastic Canvas/Social Time 10:00 Computer Classes 12:45 Michigan Rummy 12:45 Bid Whist 1:00 Ceramics 1:00 Computer Class 3:30 Senior Fitness**	
12	13	14	15	16	
9:00 Plastic Canvas/Social Time 10:00 Computer Class 12:15 Bridge 12:45 Regular Whist 12:45 Michigan Rummy 1:00 Computer Class 1:00 Ceramics* 1:00 Twist 1:30 NH Association for the Blind 3:30 Senior Fitness**	9:30 Adv. Line Dancing 1:00 Cribbage 1-4 PocketBook Therapy* 1:00 Bingo	8:30 Yoga 9:00 Plastic Canvas/Social Time 9:30 Duplicate Bridge 1:00 Bingo 1:00 Mental Health Treatment Study 1:00 Twist 1:00 Mental Health Treatment Study  <b>VALENTINE DAY TRIP</b> <b>MEET AT BEDFORD MALL</b> <b>AT 10:15 AM</b> 	9:00 WHS Alumni Meeting 10:00 Beg. Line Dancers 12:15 Bridge 12:30 TOC 12:45 Bid Whist 1-4 PocketBook Therapy* 1:00 Scrabble 3:00 MRACOA GENERAL MEETING	9:00 Plastic Canvas/Social Time 10:00 Computer Classes 12:45 Michigan Rummy 12:45 Bid Whist 1:00 Ceramics 1:00 Computer Class 3:30 Senior Fitness**	
19	20	21	22	23	
<b>PRESIDENTS DAY</b>  <b>HOLIDAY -- CENTER &amp; ST. JOS. CLOSED</b>	9:30 Adv. Line Dancing 1:00 Cribbage 1-4 PocketBook Therapy* 1:00 Bingo	<b>TRANSPORTATION DAY</b> 8:30 Yoga 9:00 Plastic Canvas/Social Time 9:30 Duplicate Bridge 1:00 Bingo 1:00 MHTS 1:00 Twist 1:00 Scrabble for Beginners 1:00 Mental Health Treatment Study	10:00 Beg. Line Dancers 12:15 Bridge 12:30 TOC 12:45 Bid Whist 1-4 PocketBook Therapy* 1:00 Scrabble	9:00 Plastic Canvas/Social Time 10:00 Computer Classes 12:45 Michigan Rummy 12:45 Bid Whist 1:00 Ceramics 1:00 Computer Class 3:30 Senior Fitness**	
26	27	28			
9:00 Plastic Canvas/Social Time 10:00 Computer Class 12:15 Bridge 12:45 Regular Whist 12:45 Michigan Rummy 1:00 Ceramics* and Twist 1:00 Computer Class 3:30 Senior Fitness**	<b>6:45 Shanghai Circus Day Trip Meet @ Bedford Mall</b>  9:30 Adv. Line Dancing 1:00 Cribbage 1-4 PocketBook Therapy* 1:00 Bingo 1:30 MRACOA STEERING. COMM. MTG.	8:30 Yoga 9:00 Plastic Canvas/Social Time 9:30 Duplicate Bridge 1:00 Bingo 1:00 Twist 1:00 Scrabble for Beginners 1:00 Mental Health Treatment Study			