EAST SIDE CENTER EVENTS SEPTEMBER 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ****COMPUTER CLASSES HELD @ INTERCED 50 BRIDGE ST. 1:30-3:30	2 CENTER CLOSED Labor Day	3 10:30-11 KEEPING FIT ** REGULAR ACTIVITIES	4 9:30-11 LINE DANCING **REG. ACTIVITIES ****COMPUTER CLASSES @ INTERCED	5 ** REG. ACTIVITIES 12:00--ALZHEIMERS AWARENESS ***6:00 STROLL TO VICTORY PARK/FARMERS MKT.	6 **REG. ACTIVITIES 10:30-11 KEEPING FIT GRANPARENTS DAY **** COMPUTER CLASSES @ INTERCED	7 12-4 CRIBBAGE 1-3 SAT. SPECIAL BINGO
8 PLEASE NOTE: ** REG. ACT. 8:00 ON YOUR OWN 11:00 BYO LUNCH 1:00 BINGO 3:00 15/SCAT/ SKIPBO	9 **REG. ACTIVIITIES 10 A M MOVIE MATINEE	10 10:30-11 KEEPING FIT ** REG. ACTIVITIES *** 10 BRUNCH & BINGO 10-3 RUMMAGE SALE	11 9:30-11 LINE DANCING **REG. ACTIVITIES COMPUTER CLASSES @ INTERCED WHO HAS THE BUTTONS????? 10-3 RUMMAGE SALE	12 **REG. ACTIVITIES 10 ARMCHAIR VACA. 10-3 AND 6-8 RUMMAGE SALE 12:00 NH ASSOC. FOR THE BLIND	13 10:30-11 KEEPING FIT ****COMPUTER CLASSES @ INTERCED **REG. ACTIVITIES 10-3 RUMMAGE SALE	14 12-4 CRIBBAGE 1-3 RUMMAGE SALE
15 PLEASE NOTE: *** SIGN UP MANDTORY	16 **REG. ACTIVIITIES 10 A M MOVIE MATINEE	17 10:30-11 KEEPING FIT 12:30 HARBORSIDE SHORT TERM REHAB. ** REG. ACTIVITIES	18 9:30-11 LINE DANCING **REG. ACTIVITIES ****COMPUTER CLASSES @ INTERCED	19 **REGULAR ACTIVITIES	20 10:30-11 KEEPING FIT **REG. ACTIVITIES ****COMPUTER CLASSES @ INTERCED	21 **** COMPUTER CLASSES @ INTERCED 12-4 CRIBBAGE 1-3 INTRO. TO DOMINOES
22	23 **REG. ACTIVIITIES 10 A M MOVIE MATINEE	24 10:30-11 KEEPING FIT ** REG. ACTIVITIES BINGO PONIES	25 9:30-11 LINE DANCING **REG. ACTIVITIES 10-3 *** BIRTHDAY LUNCHEON	26 ** REGULAR ACTIVITIES	27 10:30-11 KEEPING FIT ** REG. ACTIVITIES 12 BP SCREENING	28 12-4 CRIBBAGE
29	30 **REG. ACTIVIITIES 10 AM MOVIE MATINEE					

DORIS TOUSIGNANT, ELD. SERV. SPEC.

624-6535

POOL TABLE & EXERCISE EQUIPMENT

AVAILABLE MON.-FRI. 8-4