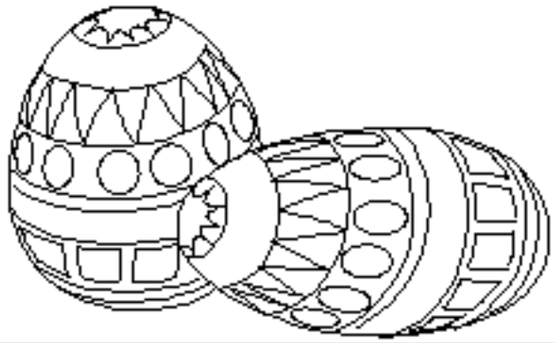
# East Side Center April 2003 Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
|  | | 1<br>** REG. ACT.<br>10:00 Keeping Fit | 2<br>**REG. ACT.<br>9:30-11 Line Danc.<br>PB & J DAY | 3<br>**REG. ACT.<br>10 & 6 SCATTEGORIES<br>1:00 TUC<br>6:00 SCRAPBOOKING | 4<br>**Reg. Act.<br>10:00 Keeping Fit | 5<br>12-1 SCAT<br>1-4 CRIBBAGE<br>1-3 SPECIAL BINGO |
| 6<br>EXPLANATION OF ASTERISKS *<br>*WALK IN<br>**REG. ACT.<br>8:00 15/SCAT | 7<br>10:00 Mat. Movie<br>**Reg. Activities<br>10-4 RUMMAGE SALE | 8<br>** REG. ACT.<br>10:00 Keeping Fit<br>10-4 RUMMAGE SALE<br>9-1 AARP 55 ALIVE | 9<br>**REG. ACT.<br>9:30-11 Line Danc.<br>10-4 RUMMAGE SALE<br>12:15 TAKE CONTROL OF YOUR PAIN | 10<br>**REG. ACT.<br>9-1 AARP 55 ALIVE<br>10 & 6 SCATTEGORIES<br>1:00 TUC<br>10-4 & 6-8 RUMMAGE SALE | 11<br>**Reg. Act.<br>10:00 Keeping Fit<br>10-4 RUMMAGE SALE<br>GRILLED CHEESE LUNCH | 12<br>12-1 SCAT<br>1-4 CRIBBAGE<br>12-4 RUMMAGE SALE<br>1:00 SCRAPBOOKING |
| 13<br>11:00 BYO LUNCH<br>1:00 BINGO<br>3:00 15/SCAT/SKIP BO<br>*** SIGN UP MANDATORY<br>Palm Sunday | 14<br>10:00 Mat. Movie<br>**Reg. Activities | 15<br>** REG. ACT.<br>10:00 Keeping Fit<br>2:00 PRIZE GIVE AWAY | 16<br>**REG. ACT.<br>9:30-11 Line Danc.<br>12:00 DISABILITY AWARENESS | 17<br>**REG. ACT.<br>10 & 6 SCATTEGORIES<br>1:00 TUC<br>BIRTHDAY LUNCHEON<br>PASSOVER | 18<br>**Reg. Act.<br>10:00 Keeping Fit<br>WAFFLES W/ FRUIT | 19<br>12-1 SCAT<br>1-4 CRIBBAGE<br>1:00 -4:00 DOMINOES<br>1:00 BAKING |
| 20<br>WEEKLY MATINEE MOVIE LIST AVAIL. AT EAST SIDE CENTER<br>Easter | 21<br>10:00 Mat. Movie<br>**Reg. Activities | 22<br>** REG. ACT.<br>10:00 Keeping Fit<br>12:00 COMFORT KEEPERS | 23<br>**REG. ACT.<br>9:30-11 Line Danc.<br>SPRING CARNIVAL<br>*SEE BULLETIN | 24<br>**REG. ACT.<br>10 & 6 SCATTEGORIES<br>1:00 TUC<br>10-12 FOOT CLINIC & BP SCREENING | 25<br>**Reg. Act.<br>10:00 Keeping Fit | 26<br>12-1 SCAT<br>1-4 CRIBBAGE<br>1-4 DOMINOES |
| 27 | 28<br>10:00 Mat. Movie<br>**Reg. Activities | 29<br>** REG. ACT.<br>10:00 Keeping Fit | 30<br>**REG. ACT.<br>9:30-11 Line Danc.<br>12:00 NAT'L HEALTH CARE PRESENTATION | | | |

**DORIS TOUSIGNANT, ELD. SERV. SPEC.**

**624-6535**

**POOL TABLE & EXERCISE EQUIPMENT AVAILABLE**