EAST SIDE CENTER NOVEMBER 2003 EVENTS

DORIS TOUSIGNANT, ELD. SERV. SPEC.

624-6535

POOL TABLE & EXERCISE EQUIPMENT AVAILABLE EVERY DAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12-1 SCAT 1-4 CRIBBAGE 1-3 SPECIAL BINGO
2 EXPLANATION OF ASTERISKS * *WALK IN **REG. ACT. 8:00 15/SCAT 11:00 BYO LUNCH	**3** 10:00 Mat. Movie **Reg. Activities	**4** CENTER CLOSED "YOU CAN MAKE A DIFFERNCE". GET OUT AND VOTE ELECTION DAY	**5** ** REG. ACTIVITIES	**6** ** REG. ACTIVITIES 6-8 Holiday Planning	**7** **Reg. Act. 10:00 Keeping Fit 12:00 Beef Stew	**8** 12-1 SCAT 1-4 CRIBBAGE
9 3:00 15/SCAT/SKIP BO *** SIGN UP A MUST WEEKLY MATINEE MOVIE LIST AVAIL. AT EAST SIDE	**10** 10:00 Mat. Movie **Reg. Activities	**11** Veteran's Day CENTER CLOSED	**12** ** REG. ACTIVITIES 12:00pm An Apple A Day Pres.	**13** ** REG. ACTIVITIES 4:30-7 NH Task Force	**14** **Reg. Act. 10:00 Keeping Fit	**15** 12-1 SCAT 1-4 CRIBBAGE 1-4 Baking
16	**17** 10:00 Mat. Movie **Reg. Activities	**18** ** REG. ACT. 10:00 Keeping Fit 12pm Mickey Mouse's Bday	**19** ** REG. ACTIVITIES	**20** **Reg. Act. 11-3 Birthday Luncheon 12-1pm BP Screening	**21** **Reg. Act. 10:00 Keeping Fit 12:00 Soup & Sandwich	**22** 12-1 SCAT 1-4 CRIBBAGE
23	**24** 10:00 Mat. Movie **Reg. Activities	**25** ** REG. ACT. 10:00 Keeping Fit 2pm Prize Give Away	**26** ** REG. ACTIVITIES 12:00pm Relay NH Pres.	**27** Give Thanks CENTER CLOSED	**28** **Reg. Act. 10:00 Keeping Fit	**29** 12-1 SCAT 1-4 CRIBBAGE 1-4 Holiday Gift Wrap Ideas
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