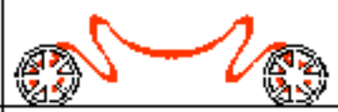
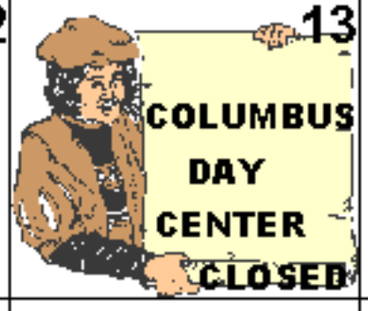
EAST SIDE CENTER OCTOBER 2003 EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DORIS TOUSIGNANT, ELD. SERV. SPEC. **624-6535** POOL TABLE & EXERCISE EQUIPMENT AVAILABLE 			1 ** REG. ACTIVITIES	2 **Reg. Act. 12:00 BP Screen. 6:30-8 Country Music	3 **Reg. Act. 10:00 Keeping Fit	4 12-1 SCAT 1-4 CRIBBAGE 1-3 SPECIAL BINGO
5 EXPLANATION OF ASTERISKS * *WALK IN **REG. ACT. 8:00 15/SCAT 11:00 BYO LUNCH 1:00 BINGO	6 10:00 Mat. Movie **Reg. Activities 	7 ** REG. ACT. 10:00 Keeping Fit	8 ** REG. ACTIVITIES 10-12 Fuel & Energy Assist.	9 **Reg. Act. 6:30-8 Country Music	10 **Reg. Act. 10:00 Keeping Fit	11 12-1 SCAT 1-4 CRIBBAGE 1-4 Magazine Give-A-Way
12 3:00 15/SCAT/SKIP BO *** SIGN UP A MUST WEEKLY MATINEE MOVIE LIST AVAIL. AT EAST SIDE CENTER	13  	14 ** REG. ACT. 10:00 Keeping Fit	15 ** REG. ACTIVITIES	16 **Reg. Act. 11-3 Birthday Luncheon 6:30-8 Country Music	17 **Reg. Act. 10:00 Keeping Fit	18 12-1 SCAT 1-4 CRIBBAGE 1-4 Baking
19	20 10:00 Mat. Movie **Reg. Activities 	21 ** REG. ACT. 10:00 Keeping Fit 12:00 Domestic Violence Pres. 8-4 Penny Sale	22 ** REG. ACTIVITIES 8-4 Penny Sale	23 **Reg. Act. 10-12 Flu Shots 6:30-8 Country Music 8-4 & 6-8 Penny Sale	24 **Reg. Act. 10:00 Keeping Fit 12:00 American Chop Suey 8-4 Penny Sale	25 12-1 SCAT 1-4 CRIBBAGE 1-4 Make Your own Chr. Card 1:00 Penny Sale Drawing
26	27 10:00 Mat. Movie **Reg. Activities 	28 ** REG. ACT. 10:00 Keeping Fit 2:00 Prize Give Away	29 ** REG. ACTIVITIES	30 **Reg. Act. 12:00 BP Screen. 6:30-8 Country Music	31 **Reg. Act. 10:00 Keeping Fit 1:30-3 Trick or Treat Bingo	