

SUMMER FAMILY FUN GUIDE — 2020

Your guide to summer
fun in the Queen City!



Manchester



Developed by the Manchester Community Schools Project (MCSP), an initiative of the
City of Manchester Health Department - <http://www.manchesternh.gov/Departments/Health>

Index

Boys & Girls Club.....pg 1

Grades K-8
603-625-5982
Union Street Clubhouse: www.mbgcnh.org
Camp Foster: www.mbgcnh.org/camp-foster

BRING IT!.....pg 3

Grades 4-12
603-624-6337
www.bringitafterschool.org

The Currier Museum Art Center.....pg 2

Grades 1-12
603-518-4922
www.currier.org/art-center/

Girls Inc.....pg 1

Grades K-8
603-623-1117
www.girlsincnewhampshire.org

Manchester Health Dept.....pg 5

Grades K-5
603-624-6466
<http://www.manchesternh.gov/Departments/Health>

Manchester Housing Authority.....pg 5

Grades K-12
603-851-6012
www.manchesterhousing.org

Manchester City Library.....pg 4

Grades K-12
603-624-6550
www.manchester.lib.nh.us

Manchester Office of Youth Services.....pg 6

Grades 6-12
603-624-6470
www.manchesternh.gov/Departments/Youth-Services

Index

Manchester Parks & Recreation.....pg 3

Grades K-12

603-624-6444

[https://www.manchesternh.gov/Departments/
Parks-and-Recreation](https://www.manchesternh.gov/Departments/Parks-and-Recreation)

Manchester Police Athletic League.....pg 5

Grades K-12

603-626-0211

www.manchesterpoliceathleticleague.org

Manchester School District.....pg 7

Grades K-12

603-624-6300

www.mansd.org

Southern NH Services.....pg 8

Grades K-12

603-668-8010

www.snhs.org

SNHU Center for New Americans.....pg 7

Grades K-12

603-668-8010

www.ywcanh.org/center-for-new-americans

UNH Manchester EXCELL-in-STEM.....pg 5

Grades 6-8

603-668-8010

[www.manchester.unh.edu/research/stem-discovery-lab/
stem-programs-youth](http://www.manchester.unh.edu/research/stem-discovery-lab/stem-programs-youth)

YMCA.....pg 3

Grades K-9

603-623-3558

[https://www.granitemca.org/
locations/downtown-manchester](https://www.granitemca.org/locations/downtown-manchester)

*Check the websites for the
most up to
date information!*

GIRLS INC.
REMOTE

Girls Incorporated of New Hampshire inspiring all girls to be STRONG (through healthy living), SMART (through education), and BOLD (through independence). Girls Inc. offers after-school and summer camp programming at our center, along with outreach opportunities at several schools around the state. There is currently have a wait list for summer camp programs.

Camp R.I.S.E.

(Remote Institute for Summer Engagement) FREE Zoom-based six week camp for rising 6th-8th grade girls, focused on storytelling, career exploration and maintaining connections.

Dates: 7/6 – 8/14.

Information sessions for girls & family members: 6/23 & 6/25 @ 6pm.



Taking Action

FREE 6-week Zoom experience for girls ages 15-18 years motivated to make a change in their community. Girls will explore, design and implement a girl-led activism project. Dates: 7/6 – 8/14. Email Karen Billings for more information: kbillings@girlsincnewhampshire.org

BOYS & GIRLS CLUB
IN-PERSON

Summer program begins June 16th, 7am-5pm. Kindergarten and 1st graders will be at the Union St. Clubhouse. Second-8th graders will be at Camp Foster (36 Camp Rd. Bedford, NH.) Please call the Club at 603-625-5982 for availability and registration.



THE CURRIER MUSEUM OF ART CENTER

Online Summer Program

The Currier Museum Art Center provides unique learning opportunities for students through themed art camps relating to the Currier Museum's special exhibitions and permanent collection.

Art camps expose children to artmaking in a variety of ways: drawing, painting, collage, printmaking and sculpture.

Each camp session includes a virtual educator led tour of the Currier's collection for all students. Student artwork will be displayed in a virtual gallery throughout the summer.

For more information visit

www.currier.org/art-center or call 603-518-4922

To request a scholarship visit www.currier.org/art-center/scholarships

**BRING IT!
BRIDGE TO
SEPTEMBER
IN-PERSON & REMOTE**

Come and join your great friends at BRING IT! for some great live and remote summer opportunities!

Join BRING IT! for fitness, yoga, academics, dance, soccer, running, art, chill sessions, and more. Spend time with your buddies and Peter, Doug, Milli, Dramane, Betty, Stephanie, new guests Clemmie from England, Amber from Antigua and more! Visit the BRING IT! Facebook, Instagram and website for more information.

Social events and showcase parties will also be hosted.

Starting the week of 7/29.
www.bringitafterschool.org.

**DAY
CAMPS**

**YMCA
IN-PERSON**

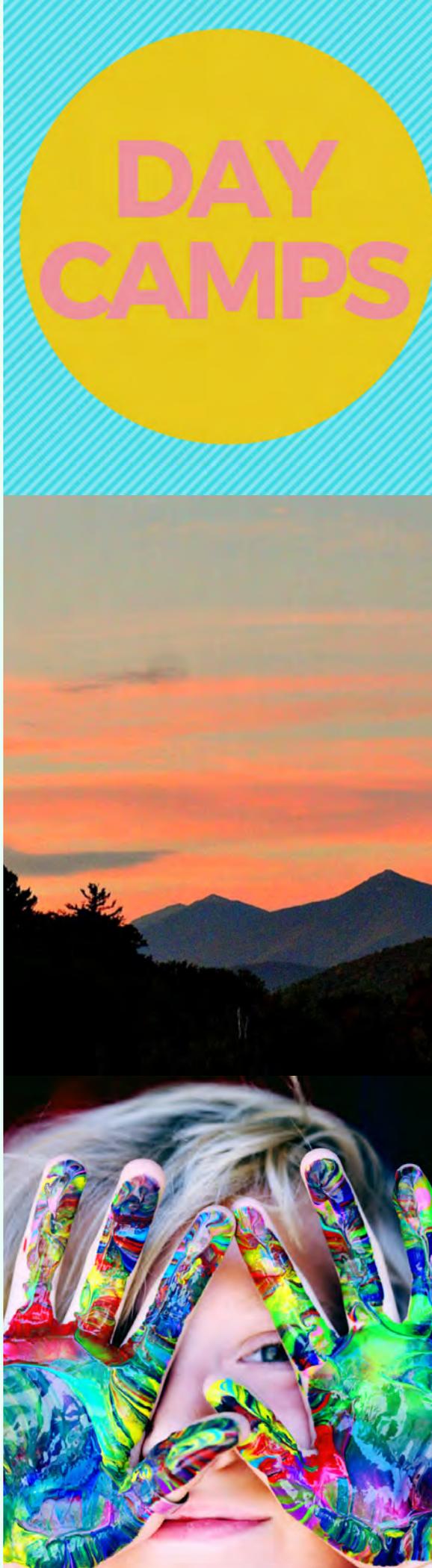
The Y provides opportunities to explore new activities, interests and cultures through exciting themes.

For more information, call the YMCA of Downtown Manchester at 603-623-3558

Day camp dates vary. YMCA does accept assistance payments for children under 12 years.

**MANCHESTER
PARKS & REC
IN-PERSON & REMOTE**

Parks & Recreation is offering tons of in-person and virtual activities, including Storywalks, Arts in the Park and much more! Sports courts and playground structures open various dates in June. Call 603-624-6444 or visit the website, www.manchesternh.gov/Departments/Parks-and-Recreation for more information.





MANCHESTER CITY LIBRARY

Reading Rocks!

Readers of all ages will explore fun and exciting events this summer. Activities will be offered remotely and plans include a virtual summer reading program, curbside pickup for books and other materials, Storywalks in the Park and more. The Bookmobile could also be rolling into a space near you very soon! For more information visit www.manchesterlibrary.org or call 603-624-6550.

**UNH
MANCHESTER
EXCELL-IN-STEM
REMOTE**

Join a 2-week, remote EXCELL-in-STEM program for middle school English learners starting July 6th (high school students accepted if space permits). Explore engineering and physics concepts, with hands-on materials provided. Monday-Thursday from 9:00-noon. Visit www.bit.ly/2UQ79q6 to register.

**MANCHESTER
HOUSING
AUTHORITY
IN-PERSON**

Summer activities including corn hole, outdoor sports, wiffle ball, kickball and cross country runs with safety precautions, as well as outdoor movie night, live music and much more! For more information call 603-851-6012.

**FUN &
EVENTS**



**MANCHESTER
HEALTH DEPT.
REMOTE**

Get ready for a fun-filled summer. The Manchester Health Department in partnership with Parks & Rec will be offering summer activity kits for families to promote activity and learning all summer long. For more information or to request a kit, call 603-624-6466.

**MANCHESTER
POLICE ATHLETIC
LEAGUE (MPAL)
IN-PERSON**

Free summer athletic, educational and enrichment programs will be offered to boys and girls. Your child will receive support and encouragement from positive adult role models as coaches and mentors. For more information contact MPAL at 603-626-0211.



MANCHESTER OFFICE OF YOUTH SERVICES (OYS)

Check out all OYS has to offer this summer!

- Bootcamp - conditioning and cardio in Livingston Park, Mondays and Wednesdays from 10-11am.
- Soccer - skills and drills in Sheridan-Emmett Park, Tuesdays and Thursdays from 2:30-4:30pm.
- Basketball - skills and drills at the West HS gym, dates and times TBD.
- Activities with Parks & Rec, dates and times TBD.
- FAQ - OYS staff answer questions and concerns on the minds of students, dates and times TBD. Questions and topics can be emailed to kcreacy@manchesternh.gov.
- Ketchup Club - virtual homework help and tutoring, available Monday-Friday from 8am-5pm by appointment only. Call to schedule a session: 624-6470.

Programing is free for middle & high school students. OYS programming will start 7/6 with an end date TBD. Activities are drop-in style but all participants will need a signed permission slip prior to participating. One slip is good for all activities and will be available on the OYS website. For more information, please visit Facebook.com/OYSManchester and ManchesterNH.gov/youth.

FOOD PROGRAMS *IN-PERSON*

Find a free healthy meal this summer! Currently breakfast and lunch is provided though the School District on Monday, Wednesday, and Friday on 8 different routes. Dinner is provided at the YMCA (Stark Street Entrance) Monday-Friday from 4:30-5:30pm and at the Boys and Girls Club (Walnut Street Entrance) from 3:30-5pm.

MANCHESTER SCHOOL DISTRICT *IN-PERSON & REMOTE*

A full summer of fun is planned, including remote options for the Summer Learning Academy. For more information call 603-624-6300 or visit bookedforsummer.mansd.org.

FUN & EVENTS

SNHU-CENTER FOR NEW AMERICANS *IN-PERSON & REMOTE*

Enrichment programs that empower and support the wellbeing of young people with an emphasis on refugee and immigrant students. Fun, sports, activities, snacks, and more offered with programming resuming in July.

For more information, please contact centerfornewamericans@snhu.edu

MANCHESTER HEALTH DEPT. & YMCA ZUMBA *IN-PERSON*

Join us for a summer of free Zumba (fitness Latin Dance) to promote wellbeing and work up a sweat! Small group classes start July 6th. Sign-up's are required before class. For more information call 603-624-6466.





SOUTHERN NH SERVICES

Free Summer Food!

Southern New Hampshire Services is helping kids stay connected to nutrition all summer long. All meals are free for any youth age 18 years and younger. **Enough food for two meals provided at most sites.** Meals will be offered from June 17th to August 28th, Monday, Wednesday & Friday, unless otherwise noted.

Elmwood Gardens

(83 Trahan St.)
Breakfast & Lunch
9-10am

Beech Hill Apts.

(120 Beech Hill St.)
Dinner & Breakfast
12-12:30pm

The Welcome Home

(286 Concord St.)
Dinner & Breakfast
4-4:30pm

Center for New Americans

(72 Concord St.)
Lunch served daily
12-2pm

Beech St. School Park

(275 Beech St.)
Dinner & Breakfast
1-1:30pm

Kelly Falls Apts.

(463 Kimball St.)
Dinner & Breakfast
3-3:30pm

Center Park

(22 Beech Hill Dr.)
Dinner & Breakfast
12-12:30pm

WIC Office

(40 Pine St.)
Breakfast & Lunch
9-11am

Maple St. Apts.

(138 Maple St.)
Dinner & Breakfast,
5-5:30pm

*Play Safe
and
Well!*

ALL PROGRAMS ARE FOLLOWING THE MOST CURRENT
GUIDELINES FOR COVID-19 SAFETY FROM
THE STATE OF NH. FOR MORE INFORMATION, PLEASE VISIT:
WWW.NHECONOMY.COM/GETMEDIA/C50A1611-C27D-44CF-BFEA-84361ADI0CB8/GUIDANCE-DAY-CAMPS.PDF

*Childcare
Questions?*

THE MANCHESTER TRANSIT AUTHORITY (MTA)
IS OFFERING FREE BUS SERVICE
ALL SUMMER LONG!
PLEASE VISIT WWW.MTABUS.ORG
FOR MORE INFORMATION

*Catch
A Ride!*

PARENTS/GUARDIANS CAN LEARN HOW TO APPLY FOR
CHILD CARE AND SUMMER CAMP ASSISTANCE, CHECK
ELIGIBILITY, TRACK YOUR APPLICATION STATUS, AND MORE
BY VISITING THE NH EASY GATEWAY TO SERVICES WEB
PAGE: WWW.NHEASY.NH.GOV



Contact List: Emergency Child Care COVID-19 Support



Emergency Child Care Contact Information:

- (603) 578-1386, ext. 2528 or toll free (855)-393-1731, ext. 2528
- (603) 578-1386, ext. 2533 or toll free (855)-393-1731, ext. 2533
- Email: ccrr@snhs.org (use subject line: Emergency Child Care)

*Utilize these lines to update your program information regarding closures, re-openings and the number of vacancies available. If your program is willing to accommodate essential emergency personnel's children, please let us know.



Families Seeking Child Care Referrals:

- (603) 578-1386, ext. 2531 or toll free (855)-393-1731, ext. 2531
- Email: ccrr@snhs.org

*Utilize this information to direct families seeking child care referrals to open license and license exempt early childhood and afterschool programs.

Alternative Child Care Options-Child Care Match:

- <http://nh.childcareaware.org/covid-19-alternative-child-care-options/>

* CCAoNH is also collecting names of early childhood and afterschool providers who want to provide child care, whether in a program, in their home or residential facility, temporarily to assist families during this crisis.

Training and Technical Assistance Lines:

- (603) 587-1386, ext. 2532 or toll free (855)-393-1731, ext. 2532
- Email: ccrtraining@snhs.org

*Utilize this information if you work in an early childhood setting and you need technical assistance, consultation and/or support.



The preparation of this flyer was financed under a Contract with the State of NH, Department of Health and Human Services, Division of Economic and Housing Stability, Bureau of Child Development and Head Start Collaboration, with funds provided in part by the State of NH and the US Department of Health and Human Services.





**DO YOU THINK SOMEONE NEEDS HELP?
HERE'S WHAT YOU CAN DO.**

Protect Neighbors

Do your part to support the most vulnerable in our community.

If you suspect a child is being abused or neglected, report it. If you are over the age of 18, legally you are a mandated reporter. This means you **MUST** make a **REPORT** to the Division of Children Youth and Families.

You can make a report **ANONYMOUSLY**.

This means you will not be held responsible for the report or any follow up.

If you suspect someone is a victim/survivor of domestic or sexual violence, you can call REACH Crisis Services at YWCA NH 24/7 Crisis Line for support on how to talk to the victim/survivor about getting help and information on what is available. There is no mandate to report this. Calls are **CONFIDENTIAL** with the exception of disclosing child or elder abuse/neglect.

Things you can **SAY**:

I believe you.
Thank you for telling me.
It's OK. There are people who can help.
Nothing you did made this happen.
I know it's not your fault.

Things to **AVOID** saying:

Ask why.
Ask for details.
Do not interview the child or adult.
Talk badly about the person who is being accused.

What you can **DO**:

Call for help.
Stay calm.
Remain neutral.
Listen.
Believe.

Things to **AVOID** doing:

Get angry.
Keep the secret. (for children)
Make promises.

Things to **LOOK** for:

Changes in behavior, appetite, communication, relationships, enjoyment of normal activities and use of technology, Existence of visible wounds, weight change, dirty or unkempt appearance and lack of appropriate clothing.

Get Help

In an emergency call 9-1-1
Call DCYF (603) 271-6562
Bureau of Elderly and Adult Services (603) 271-7014
Call Manchester Police (603) 668-8711
Call Mobile Crisis 800-688-3544
Call YWCA (603) 668-2299
Text YWCA (603) 836- 9620
Chat YWCA resourceconnect.com/rcs/chat
For other resources call 2-1-1



YWCA

