



CITY OF MANCHESTER HEALTH DEPARTMENT MONTHLY BULLETIN – JUNE / JULY 2010

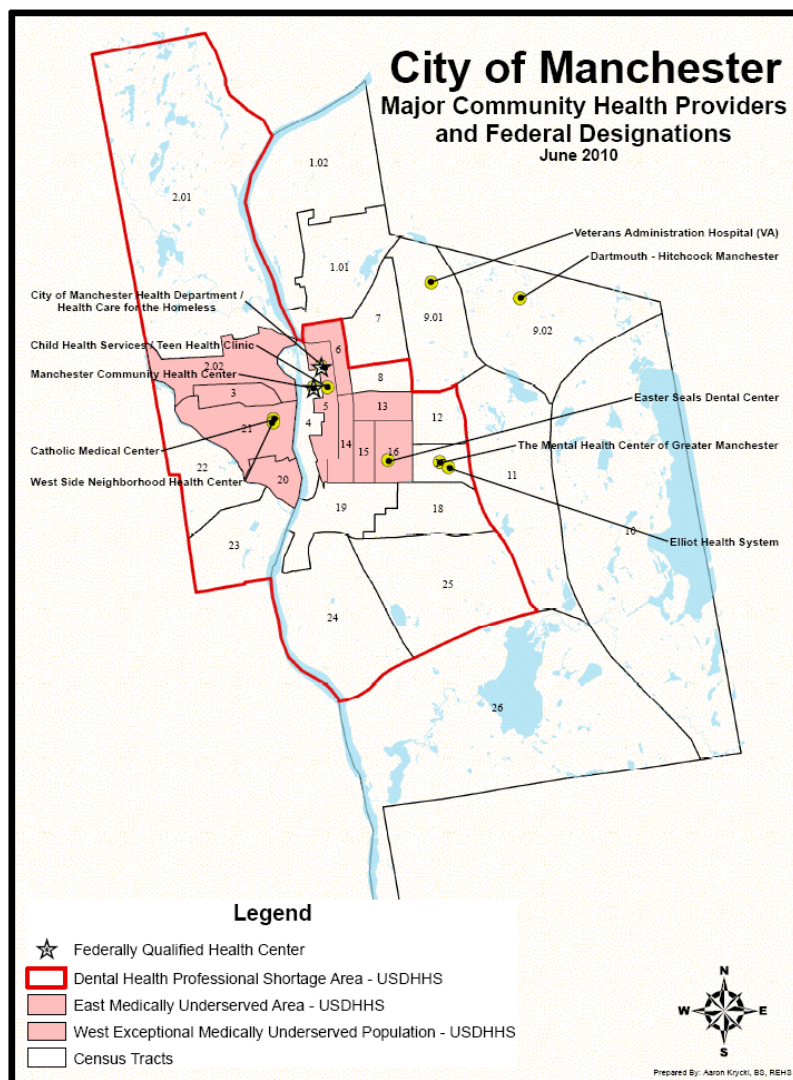


Chronic Disease Prevention & Neighborhood Health Division

Manchester's West Side Center City Neighborhoods Receive Exceptional Medically Underserved Population (E-MUP) Designation

Health Professional Shortage Areas (HPSA) and Medically Underserved Areas (MUA) are federal designations established under the US Public Health Service Act (Sections 330 and 332) designed to improve access to and availability of care for qualifying geographic areas (defined by population groups or facilities). By identifying health care shortage areas, communities become eligible for state and federal assistance to recruit and retain health professionals and potentially access additional reimbursement dollars through federally qualified health centers, with the overall intent of reducing the shortage. HPSA or MUA designations are determined using demographic indicators as well as measures of the availability of health professional resources within a contiguous area and the presence of unusually high needs, such as a high infant mortality rate or poverty rate.

The City of Manchester historically maintained a Medically Underserved Area designation in Census Tract 5 until the area was expanded in 2008 to include Census Tracts 6, 13, 14, 15 and 16, all situated on the East Side. Recent changes to local conditions, access barriers and availability indicators called for another expansion of the MUA to the West Side Center City, encompassing Census Tracts 2.02, 3, 20 and 21 (please see map). This "Exceptional Medically Underserved Population" designation must include a written recommendation from the Governor and the local public health official. In addition, twenty-one Census Tracts in Manchester have been designated as Dental Health Professional Shortage Areas (DPSA) due to the low provider (dentist) ratio to resident population.



To learn more about these shortage designations, please visit <http://bhpr.hrsa.gov/shortage/index.htm>

MISSION STATEMENT

*To improve the health of individuals, families, and the community through
disease prevention, health promotion, and protection from environmental threats.*

The Month of June is “Adolescent Immunization Month”

The Manchester Health Department is declaring the month of June as **Adolescent Immunization Month**. The Advisory Committee on Immunization Practices (ACIP) recommends that adolescents routinely receive meningococcal conjugate vaccine, as well as tetanus, diphtheria and acellular pertussis (Tdap) vaccine. The meningococcal vaccine protects youngsters from meningitis, while Tdap vaccine provides additional protection against pertussis (whooping cough). ACIP has also recommended routine vaccination with three doses of human papillomavirus (HPV) vaccine for young females. Human papillomavirus is the leading cause of cervical cancer in women. In addition, the flu vaccine is now recommended for everyone 6 months of age and older.

Although adolescent immunization coverage rates are increasing for routinely recommended vaccines, many teens still do not have all of the recommended immunizations. The need for immunization does not stop at childhood. Vaccines must be considered throughout one's life. Receiving the recommended adolescent immunizations will enable teens to achieve a healthier life and will also protect others within the community who may be vulnerable to vaccine-preventable disease.

For more information on adolescent immunizations or immunization clinic schedules, please call 624-6466 or visit www.manchesternh.gov.

Environmental Health & Public Health Preparedness Division

Mosquito and Tick-Borne Disease Prevention

With a significant increase in cases of Lyme disease in New Hampshire and the ongoing threat of mosquito-borne illnesses such as West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE), the Manchester Health Department would like to remind residents to protect themselves from outdoor pests this summer while enjoying the outdoors. Please consider the follow tips to protect you and your family:

- **Use** insect repellent containing DEET, Picaridin, Oil of Lemon Eucalyptus or IR3535. Always follow the manufacturer's directions.
- **Wear** protective clothing such as light colored long-sleeved shirts and long pants.
- **Avoid** outdoor activity when mosquitoes are most active (dawn and dusk).
- **Stay** away from tick-infested areas such as overgrown grass and brush in your yard and the woods.
- **Perform** tick checks regularly and promptly remove any ticks, paying special attention to remove the mouthparts.

FOR MORE INFORMATION

Visit our website at <http://www.manchesternh.gov/CityGov/HLT/Home.html>, or call 624-6466