School Health Services





2017-2018
The Manchester Health Department
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 $\underline{www.manchesternh.gov}$

(To Access the School Health Page, Go to: Departments – Health-School Health)

School nurses work in partnership with you, your child's teacher and the health care providers in our community - helping to assure your

Your school nurse is dedicated to seeing that your child is healthy and ready to learn each and every day!

son's or daughter's optimal growth and development. All of the services and programs provided by your school nurse are outlined below. If you have any questions about these services or wish to discuss anything regarding your child's health or wellbeing, please call your school nurse today!

Health Records

Health records are maintained on each student. These records are confidential and kept throughout your child's school stay. Health records include information on immunizations, physical exams and individual health conditions.

Screening Programs

Screening includes vision testing, hearing test, height, weight, BMI (body mass index), dental, and general health assessment. If you wish that your child be exempt for any or all screenings, please contact the nurse as soon as possible.

Health Education and Health Counseling

Individual and classroom health education is provided in each school on various topics, including nutrition, heart health, safety, growth and development. Teaching our children healthy behaviors at an early age is an important role for the school nurse. Individual counseling for health concerns is provided for students and their parents as needs occur. With the parent's permission, the school nurse will consult with the child's primary health care provider (or outside agency) when it is in the interest of the child.

Individual Student School Health Plan (IEP)

Some children require special health care during the school day. A school health plan is developed to meet the individual health needs of students with special health concerns. If your child has a chronic illness (such as asthma) please call the school nurse to discuss the best plan to care for your child during the school day. This information will be shared with school staff on a need to know basis.

First Aid and Illness Care/Dismissals

The school nurse is available for accidents, medical emergencies or when children become ill in school. Parents or child guardians will be notified in the event of any illness or injury that either requires follow up by your child's own doctor, or that prevents your child from participating in the normal school day. You will be notified for vomiting, moderate to serious injury and any disease or condition requiring immediate dismissal or health care provider follow up. Please make sure the school nurse has your most current contact information and phone numbers.

Medication Administration Policy

Sometimes children need to take medication during the school day. All medications require parental permission and a physician/healthcare provider prescription. Medications are to be delivered to the school nurse in the original labeled container. Please contact your school nurse for the required forms and / or to discuss any concerns with the policy.

Immunizations

State law requires that all children receive immunizations to Diptheria/Tetanus/Perstussis, Polio, Measles, Mumps, Rubella (MMR), Hepatitis B, and Varicella, (chicken pox) before school entry. If your child does not have a health care provider, immunizations may be obtained at no cost at the Manchester Health Department 1528 Elm St. Medical and religious exemption information is available at this link: http://www.dhhs.nh.gov/dphs/immunization/exemptions.htm

Physical Exams The Manchester School Department requires a physical exam upon entry into kindergarten or grade 1 and grades 6 and 9. The school/school nurse needs written signed documentation of this exam. You may print the form from our form section on the website or we accept forms from individual health care providers. We encourage regular visits to your child's health provider during school age years to monitor your child's growth and development.